

CityLink Connections

Celebrating Success



Congratulations Lemuel!

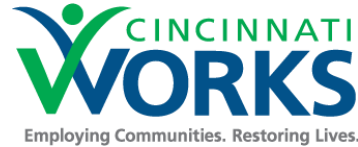
Working with SmartMoney Community Services and ChangingGears provided Lemuel with the knowledge and support he needed to purchase and pay off his car. Lemuel's discipline and hard work not only created opportunity for himself, but also for his family. Having this car allowed him and his family to go on vacation this past summer!

We hope this car provides you and your family with more adventures and exciting opportunities!



Are you ready to take the steps to own a car?

Talk to your Service Coordinator about getting started with SmartMoney Community Services and to learn more about the ChangingGears program.

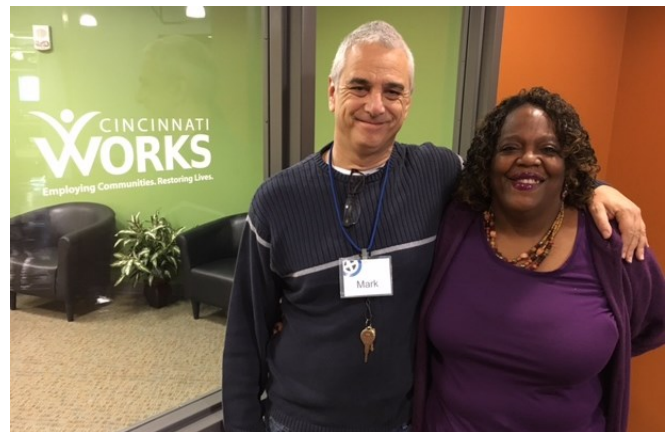


This month we would like to celebrate the achievements of our friend Mark! Mark moved to Cincinnati, seeking change in his life. He soon engaged with Cincinnati Works and quickly obtained employment, however, he didn't stop there.

With guidance from his Job Coach, Mark engaged in PerScholas' 8 week training program, obtained his CompTIA A+ Certification and gained temporary employment.

Mark was determined to keep moving forward and now works permanently for Radial, IT company where he has health benefits and a higher paying salary! He has already saved \$11,000!

Mark is continuing to set goals for himself and is interested in the Cincinnati Works Advancement Program.



Congratulations on all you have accomplished Mark! We look forward to celebrating your future achievements!

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CityLink wellness



Wonder why you don't have any energy? Want to relieve any problems with digestion, fatigue, or sleep?

Talk to your Service Coordinator about being scheduled for 1:1 Holistic Health Coaching with Nutritional Therapist Emily Hunter and Professional Health Coach Zach Franke.

Emily has been involved with CityLink Health and Wellness programs for the last 4 years. She desires to help others implement small life changes to improve their quality of life.



Zach has also been involved in Health and Wellness at CityLink and is a personal Health Coach in Cincinnati. He believes that every person who

wants to get healthy and happy can do it!

TVCA Veteran Reflections: A Night of Storytelling

Every veteran has a story and that story needs to be preserved and heard by others.

Join us on Veterans day, Friday, November 11th from 6:30-9:15pm! The event will feature veterans from multiple generations! This community of listening will not only allow veterans to be heard and known, but will allow civilians to be educated, show authentic appreciation and build a deeper connection to veterans and the military.

To register at no cost visit:

www.tristatevca.org/events



Important Dates in November

Garden to table Thanksgiving Feast	11/16
TVCA Veteran Reflections	11/11
Building Closed for Thanksgiving	11/24 & 11/25

Know a friend or family member who should check out CityLink?

Encourage them to call 357.2000 Ext. 0 or stop by to schedule a **CityLink Center Info Session** today!

Info Sessions are held:

Monday 10a-12:30p

Wednesday 6p-8:30p

Walk-ins are WELCOME – Just plan on arriving 15 minutes early to check in.



The Cincinnati Health Department

Dental Clinic will be OPEN on Tuesdays starting NOVEMBER 1st!

See Client Services to schedule your appointment today!